

CHILDREN DON'T KNOW WHAT THEY CAN'T SEE.™



Children rarely complain about vision problems.
They believe everyone sees the world the way they do.

Talk to your child's doctor today or visit [EyesOnLearning.org](https://www.EyesOnLearning.org) to learn more.

Aprenda más en [EyesOnLearning.org/espanol](https://www.EyesOnLearning.org/espanol)



Path to Healthy Vision

Screening › Eye Exam › Treatment

Routine vision screenings are important for a child's growth and learning milestones.
Children should receive vision screening:



**For the First Time
as Early as Age 1**



**At Least Once Between
3-5 Years Old**



**Every 1 to 2 Years
Throughout Grade School**



Healthy vision is critical for every child's social development, school success, and well-being.

A child's vision develops from the time he/she is born until kindergarten. Infants can only clearly see objects that are 8 to 10 inches from their faces. A baby's eyesight begins to improve at about 3-4 months old. Over the next few years, a child develops his/her ability to see further away, judge distances, and improve eye-body and eye-hand coordination.

It is critical to identify issues with eye health and vision development at a young age—problems are easier to correct when treatment starts early. Some problems, like amblyopia (also called "lazy eye"), can cause permanent vision loss if not caught and treated early.

- **Watch for signs that your child has a vision problem.**

These include squinting, itchy eyes, excessive blinking or tearing, headaches, tiring when reading, or sitting close to the TV or computer screen.

- **Request a vision screening for your child, even if he/she does not show signs of a vision problem.**

You can do this at your well-child visit or take your child to an eye doctor (optometrist or ophthalmologist).

- **Take your child to an eye doctor for a complete eye exam.**

If your child fails a vision screening, you should take him/her to an optometrist or ophthalmologist to determine if he/she has a vision problem.

- **Ensure your child follows the recommended treatment plan.**

If the eye exam shows your child has a vision problem, the eye doctor may prescribe glasses or another treatment option to best support his/her vision health needs.

The Eyes On Learning Vision Coalition is a dedicated group of state, local, and national organizations that share a commitment to vision health and learning success for all Arizona children.

EyesOnLearning.org

