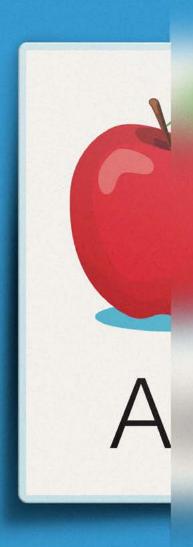
## CHILDREN DON'T KNOW WHAT THEY CAN'T SEE.



Children rarely complain about vision problems. They believe everyone sees the world the way they do.

Talk to your child's doctor today or visit EyesOnLearning.org to learn more.

Aprenda más en EyesOnLearning.org/espanol



## Path to Healthy Vision

Screening > Eye Exam > Treatment

Routine vision screenings are important for a child's growth and learning milestones. Children should receive vision screening:



For the First Time as Early as Age 1



At Least Once Between 3-5 Years Old



**Every 1 to 2 Years Throughout Grade School** 



## Healthy vision is critical for every child's social development, school success, and well-being.

A child's vision develops from the time he/she is born until kindergarten. Infants can only clearly see objects that are 8 to 10 inches from their faces. A baby's eyesight begins to improve at about 3-4 months old. Over the next few years, a child develops his/her ability to see further away, judge distances, and improve eye-body and eye-hand coordination.

It is critical to identify issues with eye health and vision development at a young age—problems are easier to correct when treatment starts early. Some problems, like amblyopia (also called "lazy eye"), can cause permanent vision loss if not caught and treated early.

- Watch for signs that your child has a vision problem.
  - These include squinting, itchy eyes, excessive blinking or tearing, headaches, tiring when reading, or sitting close to the TV or computer screen.
- Request a vision screening for your child, even if he/she does not show signs of a vision problem. You can do this at your well-child visit or take your child to an eye doctor (optometrist or ophthalmologist).
- Take your child to an eye doctor for a complete eye exam.

  If your child fails a vision screening, you should take him/her to an optometrist or ophthalmologist to determine if he/she has a vision problem.
- Ensure your child follows the recommended treatment plan.

If the eye exam shows your child has a vision problem, the eye doctor may prescribe glasses or another treatment option to best support his/her vision health needs.

The Eyes On Learning Vision Coalition is a dedicated group of state, local, and national organizations that share a commitment to vision health and learning success for all Arizona children.



